



You're the Expert Questions by Categories
One of the many coaching tools included with the
Principle-Centered Coaching audio training program

Planning and Setting Goals

1. What do you want?
2. What is your intention?
3. What are the possibilities?
4. What outcomes do you want?
5. What is the vision for your business?
6. What are your goals for the month?
7. If you could not fail, what would you do?
8. What is your dream?
9. What motivates you to get up in the morning?
10. What brings you joy?

Solidifying Their Commitment To Take Action

1. What is the first step?
2. What do you need to have in place to accomplish this?
3. How will you make that happen?
4. What could be the challenge in taking action?
5. What information do you need to have?
6. In the bigger view, how important is this?
7. What action would make this complete?
8. What will you achieve by taking that action?
9. What is your commitment on a scale of 1-10?
10. If you were looking back 6 months from now, what would you like to have accomplished?

Creating Accountability

1. What are you going to do?
2. When are you going to do it?
3. What support do you need?
4. What does your success depend on?
5. How will I know you've done it?
6. What accountability would you like to put in place?
7. What can make it fun/exciting?
8. What are your qualities that will contribute to the outcome you want?

Prompting Feedback and Insight

1. What worked?
2. What would you do differently?
3. What was the challenging part?
4. What new insights did you discover?
5. What did you learn from this experience?
6. How can you apply the learning?
7. What would make the biggest difference?
8. What are some new options?